

GET INVOLVED WITH CHL

We want to partner with parents, caregivers, teachers, community leaders, and other agencies to create sustainable change at the community level that supports healthy eating and physical activity for young children ages 2-8 years across the Pacific.

You can get involved by first visiting the CHL Program website at www.CHL-Pacific.org to learn more about the CHL Program or by contacting project staff at one of the partner sites listed on the back panel.



All photos courtesy of the UHM Center on the Family, except child in snow and by river courtesy of Ronald Standlee Strom.

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CHL

Children's Healthy Living Program
for Remote Underserved Minority
Populations in the Pacific Region



Alaska

American Samoa

Commonwealth of the Northern Mariana Islands

Federated States of Micronesia

Guam

Hawai'i

Republic of the Marshall Islands

Republic of Palau

www.CHL-Pacific.org

Partnering with community members and organizations to make deliberate choices that lead to healthier children

GET TO KNOW CHL

The Children's Healthy Living Program for Remote Underserved Minority Populations in the Pacific Region (CHL) is a partnership among remote Pacific states and other jurisdictions of the US: Alaska, American Samoa, Commonwealth of the Northern Mariana Islands, Federated States of Micronesia, Guam, Hawai'i, the Republic of the Marshall Islands, and the Republic of Palau. CHL started in 2011. These jurisdictions have US Land Grant Colleges, which have united in the Pacific Land Grant Alliance (PLGA), providing an operational framework for CHL.



We are combining efforts to:

- train a public health nutrition work force
- conduct public health nutrition research
- develop a food, nutrition, and physical activity data-management and -evaluation system
- communicate nutrition- and health-related information to the public

With no US National Nutrition monitoring (e.g, NHANES) in these jurisdictions, not even in the states of Alaska and Hawaii, the information we obtain through CHL will guide future children's obesity-prevention programs and policies.

The goal of this Food and Agricultural Science Enhancement (FASE) Coordinated Agricultural Program (CAP) among Pacific Region USDA-defined Experimental Program for Stimulating Competitive Research (EPSCoR) states/jurisdictions is to build social/cultural, physical/built, and political/economic environments that will promote active play and intake of healthy food to prevent young children's obesity in the Pacific Region. To do this, CHL will engage the community, and focus on capacity building and sustainable environmental change. CHL will serve as a model for other regions with remote underserved Native populations at risk for obesity.

More information at www.CHL-Pacific.org.

CHL PROGRAM OBJECTIVES

1. Conduct jurisdiction-level program and data inventories and situation analysis.
2. Provide degree training for 22 Pacific professionals and paraprofessionals in obesity and related fields.
3. Develop a Pacific food, nutrition, and physical activity data-management and -evaluation system.
4. Develop and conduct community-based "environmental" interventions to prevent or decrease young children's overweight and obesity.
5. Evaluate the effectiveness of community-based "environmental" intervention efforts.
6. Introduce, enhance, and/or support policies for healthy eating and physical activity for 2- to 8-year-old children.



CHL Partner Jurisdictions

