Community Assessment Results

Children's Healthy Living Program

Anchorage Community Assessment Results

The Community Assessment Toolkit or CAT is a collection of data-recording forms used to evaluate the food and physical activity environments of communities. These enabled us to study some of the determinants of healthy eating, physical activity and obesity among youth. Schools, parks, physical activity facilities and fast food restaurants were surveyed using documents adapted from other surveys.

Section 1. Assessment of Parks

The Form used to assess parks is modified from the Bridging the Gap Program, University of Illinois at Chicago, Park Observation Form (See Appendix for form used). The purpose of this survey is to improve our understanding of accessibility of park settings and quality of opportunities for physical activity in these settings among CHL communities. A complete list of parks that were located within the community boundary, or on the periphery, and their locations was compiled for each community by local staff. Staff then assessed up to ten parks per community or all of them when there were less than ten parks in a community. Staff where instructed to spend about 30 minutes walking through each park to survey its accessibility, setting, amenities, sports fields (e.g., soccer, football, baseball), courts (e.g., tennis, basketball, volleyball), walking/running/biking trails, and incivilities.

> **Eligible parks:** Local municipal or county park that is open to the public

> ➤ Has equipment used for physical activity or play, including playing fields and courts AND/OR has green space or natural features, benches, walking paths, picnic tables, or other park features

> ➤ On-the-ground parks only. Must also have a sign designating it as a public park if no sports features are present

Exclusions: Campgrounds, golf courses, forest preserves, stadiums, zoos, state and national parks, private/resident-only (e.g., neighborhood association) parks, stand-alone fields/courts associated with a school.

Park Setting, Parking, Sidewalks, and Amenities

Upon entering the park staff assessed the presence of certain park settings, parking and sidewalk features, and certain park amenities.

Observations on park setting included whether it was a public park, whether it was adjacent to a school, and whether it shared sports features with a school. Seven parks were surveyed in Anchorage. All seven (100.0%) were public parks. Six of the parks had information available about whether there was an adjacent school. None of the six parks (0.0%) were adjacent to a school, and none (0.0%) shared sports features with a school.

All seven (100.0%) parks had on-site parking, while 5 (71.4%) had on-site parking with overhead lighting, and 5 (71.4%) had bicycle parking. Four (57.1%) of the 7 parks had sidewalks leading up to the entrance of the park and four (57.1%) had sidewalks with overhead lighting.

Observations on park amenities included whether it had closing time signage, restrooms, showers, and beverage vending machine. Six (85.7%) of the parks had closing time signage, 4 (57.1%) had restrooms, none (0.0%) had showers, and none (0%) had beverage vending machines.

Table S.1.1. Park Setting (N=7)

Park Setting	Number	Percent
Setting		
Public Park (n=7)	7	100.0%

Adjacent to a school (n=6)	0	0.0%
Shares sports features with a school (n=6)	0	0.0%
Parking (n=7)		
Parking on-site available (not including street parking)	7	100.00%
Parking has lights	5	71.4%
Bicycle parking racks or cages available	5	71.4%
Sidewalk (n=7)		
Sidewalks on street lead up to the entrance	4	57.1%
Sidewalks have lighting	4	57.1%
Amenities (n=7)		
Park has closing time signage	6	85.7%
Restrooms present	4	57.1%
Showers present	0	0.0%
Beverage vending machines present	0	0.0%

Park Access and Barriers to Entry

Staff assessed each park for an entrance fee, signage limiting entry and any physical barriers around the perimeter of the park. Among the seven parks surveyed in Anchorage, six had responses on the question of whether there was an entrance fee. None of these six (0.0%) had entrance fees. For the other items, all had information. All of the 7 parks (100.0%) had signage indicating the park name, 5 (71.4%) had signage

stating that public use of the park was limited to specific times, none of the parks had signage indicating that the park was private or has restricted access at all times, and none of the parks had a locked fence or other physical barrier around the perimeter.

Table S.1.2. Park Access and Barriers (N=7)

Access and barriers		
Signage indicates park name	7	100.0%
Signage states public use of area is limited to specific times	5	71.4%
Signage states area is private or restricted access at all times	0	0.0%
Locked fence or other physical barrier around the perimeter prevents public access	0	0.0%

Sports Features

Staff assessed each park for a specific list of sports features to determine the number of each feature present and whether such a feature had lighting or not. Staff also rated the condition of each feature.

Feature Descriptions

- ➢ **Field, Multi-use:** A multi-use field is a large, flat, open space usable as an athletic field for more than one sport.
- ➢ **Field, Football:** A field should have the appropriate layout, markings, and/or equipment in order to be identified as a football field.
- ➢ **Field, Baseball:** A field should have the appropriate layout, markings, and/or equipment in order to be identified as a baseball field.

- **Field, Soccer:** A field should have the appropriate layout, markings, and/or equipment in order to be identified as a soccer field.
- **Court, Basketball:** A court should have the appropriate layout, markings, and/or equipment in order to be identified as a basketball court**.**
- **Court, Tennis:** A court should have the appropriate layout, markings, and/or equipment in order to be identified as a tennis court**.**
- **Court, Volleyball:** A court should have the appropriate layout, markings, and/or equipment in order to be identified as a volleyball court.
- **Court, Multi-use:** This includes large courts that contain equipment or the capability of holding equipment for different sports such as both basketball and volleyball.
- **Running/Walking Track:** A running/walking track may be located on the perimeter of a field or as part of a track and field stadium. Most tracks will have lane and/or distance markings.
- **Pool:** This includes--
  - A pool that is at least 3 feet deep at the deepest end.
  - A wading pool that is less than 3 feet deep at the deepest end and intended for use by small children.
- **Playground Area:** A playground area includes swings, monkey bars, climbing apparatuses, slides, see-saws, spring features, and other items meant for children's play. <u>In CHL survey, staff was trained to count only the number of areas, not the specific equipment or apparatuses</u>.
- **Skateboarding Facilities:** Skateboarding facilities include ramps, tracks, and other apparatuses meant for use by skateboarders or in-line skaters. In <u>CHL survey, staff was trained to count only the number of rooms or areas, not the specific equipment or apparatuses.</u>

- **Exercise Stations with or without Signage**: Exercise stations are designated activity points. Exercise stations may also be called FitnessTrails or FitTrails.
- **Rock Climbing Wall**: A rock climbing wall is a natural or artificially constructed outdoor wall with grips for hands and feet, used for climbing.

Condition of the Feature

Staff rated the condition and the presence of lighting for each feature item. The condition of a feature could be recorded as "poor", "okay/good", or "not rated". When there was more than one item per feature, each item was evaluated for condition while the presence of lighting was assessed across all items in a feature. For example, if a park had 3 basketball courts and 2 were in okay condition, 1 was in poor condition, and 1 of them had lighting, then the staff would record the number of basketball courts as 3, 2 of which are rated okay/good, 1 rated as poor, and that this park had lighting for this feature.

Feature condition was rated based on the feature's surface and related equipment, if any was available for the feature. Ultimately the feature condition rating was related to whether or not players could safely play or engage in physical activity on a feature without risking injury or falling. Staff took into consideration the type of activities that would take place on or within a particular feature as well as the material comprising the surface when considering its condition. When assessing the condition of equipment used for physical activity, staff took into consideration age, functionality, wear and tear, damage such as dents or sharp edges, missing pieces, and rust. For example, if a playing surface was composed of concrete, staff assessed whether smooth concrete covered the entire surface and looked for cracks or uneven slabs in the concrete surface.

Survey Results for Sports Features

Across the seven parks surveyed in Anchorage, there were a total of 20 sports features, of which 10 were rated as ok/good, 1 was rated as poor, and 9 were not rated. Among the 11 rated features, 10 (90.9%) were rated as ok/good.

Baseball fields were the most frequent features (5), followed by playgrounds (4), and soccer fields (3). Playgrounds may be of particular interests to families with young children. Three of the 4 playgrounds in the Anchorage parks were rated as ok/good, while 1 was not rated, and 3 had lighting. The following table (Table S.1.3) summarizes the number of each sports feature, the conditions of the feature, and whether lighting was present for the feature across all 7 parks in Anchorage.

Table S.1.3. Sports features across all 7 parks in Anchorage

Feature	Total number of the feature	Condition of the Feature			Number of features w/ Lighting
		OK/Good	Poor	Not rated	
Field multiuse	1	1	0	0	0
Field football	1	0	0	1	1
Field baseball	5	2	0	3	2
Field soccer	3	3	0	0	0
Court basketball	1	0	0	1	1
Court tennis	0	0	0	0	0
Court volleyball	0	0	0	0	0
Court multiuse	0	0	0	0	0
Track	1	0	0	1	1
Pool	1	1	0	0	1

Playground	4	3	0	1	3
Skateboarding	2	0	0	2	2
Exercise Stations	1	0	1	0	0
Rock Climbing	0	0	0	0	0

Park Features and Amenities

Staff assessed each park for a specific list of features and amenities to determine if the feature or amenity was present and to rate the condition of the surface or feature.

When staff were unable to determine the condition of one or more features of a specific type (if more than one present), they rated the features of that type that were able to be rated. When any features of a specific type could not be rated due to construction/ repairs or seasonal closure staff selected not rated.

Feature or Amenity Descriptions

Green Space: This includes natural or landscaped space not specifically designated for physical activity

➢ **Beaches:** This includes natural or man-made beaches on the edge of water features such as lakes, rivers, and lagoons, as well as beaches at coastal parks.
➢ **Beaches Swimmable:** This includes any beach area with minimal shore break for a 3-5 year old to swim in.
➢ **Beaches Recreational:** This includes any beach with facilities for family picnics, barbecues, sports, water-sports, etc.

- **Beaches with Lifeguard:** This may be a swimmable beach, recreational beach, or both wherein lifeguards are present to monitor activities and to alert families of changing currents.

- **Other Water Features**: This includes natural or man-made bodies of water that may be present, including streams, creeks, rivers, ponds, lakes, lagoons, and in case of coastal parks, ocean.

- **Shelters**: This refers to a permanent structure with a roof to protect users from rain or sun. Walls are not required. Cloth or lattice canopies over picnic tables or exercise equipment and pergolas are not included.

- **Picnic Tables, Shaded:** This refers to a table top with benches, including outdoor lunch tables. Shade can be provided by tree or a structure.

- **Picnic Tables, not Shaded:** This refers to a table top with benches including outdoor lunch tables. These include tables without trees or a structure.

- **Benches**: Benches are structures designed to function as seating. These do not include picnic tables or retaining/supporting/landscaped walls whose primary function is not seating.

- **Drinking Fountains**: These include freestanding or attached water dispensers intended for drinking.

- **Decorative Water Fountains**: These include ornamental structures from which jet(s) or stream(s) of water is issued and reflecting pools. Decorative fountains are not used for drinking or swimming.

- **Trash Containers**: These are receptacles for litter and refuse that can be made of metal, plastic, or paper/plastic bags. They may be stand-alone or attached to a building.

- **Grills/Fire Pits**: These are structures designed for cooking meats or other foods over open fire. A fire pit may be built directly into the ground or may be a wide and low metal container that holds coals or wood.

- **Fence:** Large areas of the park are enclosed by a fence.

> **Trails**: These include paved or unpaved pathways or footpaths for walking, biking, roller-skating, etc. Trails are distinct from running/walking tracks in that they tend not follow a strict oval shape, but will usually follow an irregular direction and cover a greater distance than a track.

Survey Results of Park Features and Amenities

Among the 7 parks in Anchorage, there were a total of 36 features and amenities, of which 28 were rated as ok/good and 8 were not rated. Among rated features and amenities, all (100%) were rated as ok/good. The most common features and amenities present were trash bins, green space, trails and benches. Table S.1.4 summarizes the total number and condition of the features/amenities assessed.

Table S.1.4. Park features and amenities across all seven parks in Anchorage

Feature	Total Number of the feature	Condition of the Feature		
		OK/Good	Poor	Not rated
Green Space	5	3	0	2
Beach swim	0	0	0	0
Beach recreational	0	0	0	0
Beach lifeguard	0	0	0	0
Waterpark	0	0	0	0
Shelters	4	4	0	0
Picnic Tables w/Shade	3	3	0	0
Picnic Tables w/o Shade	4	3	0	1

Benches	5	5	0	0
Drinking fountain	0	0	0	0
Décor fountain	0	0	0	0
Trash bins	7	7	0	0
Grills	0	0	0	0
Fence	3	3	0	0
Trails	5	0	0	5

Incivilities

Staff assessed each park for a list of incivilities and how much each was present. The term incivility is used to describe items in the environment that might discourage physical activity. These items are often signs of area deprivation or markers of blight. The following items in this section were used to assess the physical disorder of the park grounds environment.

> **Garbage/Litter:** Includes paper, packaging, and other items of refuse not included in other categories below.
> **Broken Glass:** Includes any types of broken glass, such as bottles, etc.
> **Graffiti/Tagging:** Refers to "unapproved" writing such as painted or drawn signs or symbols (e.g., gang insignia) on the building and/or exterior property. Do not include painted murals or public art.
> **Evidence of Alcohol Use:** This includes beer or other alcohol-related bottles, cans or caps littering the ground or in/around overflowing trash cans. The insides of trash cans were not checked for evidence of alcohol use.
> **Evidence of Substance Abuse:** This includes syringes, baggies, rolling papers, etc.

- ➢ **Sex Paraphernalia:** This includes condoms, condom wrappers, or other contraceptive device/material, or visible pornographic reading material.
- ➢ **Dog Refuse:** There is dog refuse visible.
- ➢ **Dogs Unattended:** There are dogs who wander the facility unsupervised.
- ➢ **Vandalism:** There are broken windows or other broken features.

Staff looked for incivilities throughout the park and assigned a score for each incivility type based upon the amount that was present across the park settings. The possible ratings were: none (0), a little (1), some (2), and 3 (a lot). For the community, the average rating for each item was used.

Among the seven parks in Anchorage, the only incivility evident was 'a little' garbage. The presence of snow at one of the parks surveyed may have obscured some evidence of incivilities (Table S.1.5).

Table S.1.5. Average Amount of Each Incivility across 7 parks in Anchorage

Incivility Type	Amount
Garbage	A little
Broken glass	None
Graffiti/Tagging	None
Evidence of Alcohol use	None
Evidence of Substance Abuse	None
Sex Paraphernalia	None
Dog Refuse	None
Dogs Unattended	None
Vandalism	None

The original form can be viewed at:

Section 2. Assessment of Schools

Method: The tool used to assess schools is modified from the Bridging the Gap Program, University of Illinois at Chicago, School Observation Form (See APPENDIX for form used. Some amenities listed on the form were not surveyed at the Anchorage schools.). The purpose of this survey is to improve our understanding of the availability and quality of physical activity features that are located on school grounds in CHL communities. A complete list of schools that were located within the community boundary, or on the periphery, and their locations was compiled for each community by local staff. Staff then assessed up to ten schools per community or assessed all of them when there were fewer than ten schools in a community. Staff were instructed to spend about 30 minutes walking through each school grounds to survey its accessibility, setting, amenities, sports fields (e.g., soccer, football, baseball), courts (e.g., tennis, basketball, volleyball), other features (e.g. track, pool, and playground) and incivilities.

Eligible schools: All school grounds were eligible for assessment. This includes schools sharing some sports features with an adjacent park.

School Setting, Parking, Sidewalks, and Amenities

Method: Upon entering the school, staff assessed some aspects of the school setting, parking and sidewalk features.

Observations on school setting included whether it was adjacent to a park. In Anchorage there were 10 schools surveyed. Among the 10 schools, 9 had information on whether the school was adjacent to a park. None (0.0%) of the 9 schools were adjacent to a park.

All 10 (100.0%) schools had on-site parking with lighting, while 8 (80.0%) had bicycle parking. Eight (80.0%) schools had a sidewalk leading up to the entrance of the school, and all of these (80.0%) had overhead lighting.

Table S.2.1. School Setting (N=10 unless otherwise noted)

School Setting	Number	Percent
Setting (n=9)		
Adjacent to a park	0	0.0%
Shares sports features with a park	0	0.0%
Parking (n=10)		
Parking on-site available (not including street parking)	10	100.0%
Parking has lights	10	100.0%
Bicycle parking racks or cages available	8	80.0%
Sidewalk (n=10)		
Sidewalks on street lead up to the entrance	8	80.0%
Sidewalks have lighting	8	80.0%

School Access and Barriers to Entry

Staff assessed each school for signage limiting entry and any physical barriers around the perimeter of the school. Among the ten schools surveyed in Anchorage, 9 (90.0%) had signage indicating the school name, 4 (40.0%) had signage stating that public use of the school was limited to specific times (e.g. after school), 2 (20.0%) had signage indicating that the school was private or had restricted access at all times (e.g. no trespassing, school use only), and 2 (20.0%) had a locked fence or other physical barrier around the perimeter.

Table S.2.2. School Access and Barriers (N=10)

Access and barriers		
Signage indicates school name	9	90.0%
Signage states public use of area is limited to specific times	4	40.0%
Signage states area is private or restricted access at all times	2	20.0%
Locked fence or other physical barrier around the perimeter prevents public access	2	20.0%

Sports Features

Staff assessed each school for a specific list of sports features to determine the number of each feature present and whether such a feature had lighting or not. Staff also rated the condition of each feature. These features are the same as those included in the assessment of parks.

Condition of the Feature

Staff rated the condition and the presence of lighting for each feature item. The condition of a feature could be recorded as "poor", "okay/good", or "not rated". When there was more than one of a particular feature, each was evaluated for condition while the presence of lighting was assessed across all features. For example, if a school had 3 basketball courts and 2 were in okay condition, 1 was in poor condition, and 1 of them had lighting, then the staff would record the number of basketball courts as 3, 2 of which were rated okay/good, 1 was rated as poor, and that this school had lighting for this feature.

Feature condition was rated based on the feature's surface and related equipment, if any was available for the feature. Ultimately the feature condition rating was related to whether or not players could safely play or engage in physical activity on a feature without risking injury or falling. Staff took into consideration the type of activities that would take place on or within a particular feature as well as the material comprising the surface when considering its condition. When assessing the condition of equipment used for physical activity, staff took into consideration age, functionality, wear and tear, damage such as dents or sharp edges, missing pieces, and rust. For example, if a playing surface was composed of concrete, staff assessed whether smooth concrete covered the entire surface and looked for cracks or uneven slabs in the concrete surface.

Survey Results for Sports Features

Across the ten schools surveyed in Anchorage, there were a total of 46 sports features, of which 44 were rated as ok/good and 2 were not rated.

Basketball courts were the most frequent features (13), followed by playgrounds (7), multiuse fields (7), and tennis courts (6). Playgrounds may be of particular interest to families with young children. Among the 7 playgrounds in Anchorage, all 7 were rated ok/good, and four schools had playground areas with lighting. The following table (Table S.2.3) summarizes the number of each sports feature, the conditions of the feature, and whether lighting was present for the feature across all 10 schools in Anchorage.

Table S.2.3. Sports features across all 10 schools in Anchorage

Feature	Total number of the feature	Condition of the Feature			Number of features w/ Lighting
		OK/Good	Poor	Not rated	
Field multiuse	5	1	0	4	2
Field football	3	0	0	3	3

Field baseball	1	0	0	1	1
Field soccer	7	0	0	7	4
Court basketball	9	3	0	6	8
Court tennis	0	0	0	0	0
Court volleyball	0	0	0	0	0
Court multiuse	3	0	0	3	2
Track	0	0	0	0	0
Pool	0	0	0	0	0
Playground	7	5	0	2	5
Skateboarding	2	1	0	1	2
Exercise Stations	0	0	0	0	0
Rock Climbing	1	1	0	0	0

School Features and Amenities

Method: Staff assessed each school for a specific list of features and amenities to determine if the feature or amenity was present and to rate the condition of the surface or feature. These features are the same as those included in the assessment of parks.

When staff were unable to determine the condition of one or more features of a specific type (if more than one present), they rated the features of that type that were able to be rated. When any features of a specific type could not be rated due to construction/ repairs or seasonal closure staff selected not rated.

Survey Results of School Features and Amenities

Among the 10 schools in Anchorage, there were a total of 27 features and amenities, of which 18 were rated as ok/good, 1 was rated as poor, and 8 were not rated. Among rated features and amenities, 94.7% were rated as ok/good. The most common features and amenities present were green spaces (8), fences (7), and trash containers (6). The following table (Table S.2.4.) summarizes the total number and condition of each feature/amenity assessed.

Table S.2.4. Features and amenities across all 10 schools in Anchorage

Feature	Total Number of the feature	Condition of the Feature		
		OK/Good	Poor	Not rated
Green Space	8	4	1	3
Beach swim	0	0	0	0
Beach recreational	0	0	0	0
Beach lifeguard	0	0	0	0
Waterpark	0	0	0	0
Shelters	0	0	0	0
Picnic Tables w/Shade	0	0	0	0
Picnic Tables w/o Shade	0	0	0	0
Benches	2	2	0	0
Drinking fountain	0	0	0	0
Décor fountain	0	0	0	0
Trash bins	6	6	0	0

Grills	0	0	0	0
Fence	7	5	0	2
Trails	4	1	0	3

Incivilities

Method: Staff assessed each school for a list of incivilities and how much each was present. The term incivility is used to describe items in the environment that might discourage physical activity. These items are often signs of area deprivation or markers of blight. The following items in this section were used to assess the physical disorder of the school grounds environment. These incivilities are the same as those included in the assessment of parks.

Amount of Incivilities

Staff looked for incivilities throughout the school and assigned a score for each of 9 incivility types based upon the amount that was present across the school settings. The possible ratings were: none (0), a little (1), some (2), and 3 (a lot). For the community, average rating for each of the item was used.

Among the ten schools in Anchorage, there was A Little evidence of garbage, and no evidence of any of the other incivilities surveyed. (Table S.2.5). Three surveys were done while there was some snow cover, which may have obscured some evidence of incivilities.

Table S.2.5. Average Amount of Each Incivility across 10 schools in Anchorage

Incivility Type	Amount
Garbage	A little
Broken glass	None

Graffiti/Tagging	None
Evidence of Alcohol use	None
Evidence of Substance Abuse	None
Sex Paraphernalia	None
Dog Refuse	None
Dogs Unattended	None
Vandalism	None

The original form can be viewed at:

http://www.bridgingthegapresearch.org/_asset/fv3642/BTGCOMP_School_2012.pdf

Section 3. Assessment of Physical Activity Facilities

Method: The tool used to assess physical activity (PA) facilities is modified from the Bridging the Gap Program, University of Illinois at Chicago, PA Facility Observation Form (See APPENDIX for form used). The purpose of this survey is to improve our understanding of the availability and quality of physical activity features that are located on PA facility grounds in CHL communities. A complete list of PA facilities that were located within the community boundary, or on the periphery, and their locations was compiled for each community by local staff. Staff then assessed up to ten PA facilities per community or assessed all of them when there were fewer than ten PA facilities in a community. Staff were instructed to spend about 30 minutes walking through each PA facility grounds to survey its setting, amenities, sports fields (e.g., soccer, football, baseball), courts (e.g., tennis, basketball, volleyball), other features (e.g. track, pool, and playground) and incivilities.

Eligible PA facilities:

Observations in PA facilities included for-profit and non-profit facilities. Examples of non-profit PA facilities are public community recreation centers, YMCA/YWCAs, and Boys and Girls Clubs (BGCs). For-profit PA facilities include gyms, health clubs, and other physical-activity related businesses that allow patrons to come in and use equipment or other facilities (e.g., courts, gymnasiums), usually for a recurring fee or membership schedule.

Nine physical activity facilities were surveyed in Anchorage.

PA facility Setting and Fees

Upon entering the PA facility, staff assessed the presence of certain PA facility settings and fees.

Observations on PA facility setting included facility type, the presence of indoor and outdoor sports features, childcare and teen services, and types of fees. Among the 9 PA facilities in Anchorage, 8 (88.9 %) were For-Profit facilities, and 1 (11.1 %) was a YMCA/YWCA. Seven (77.8%) had only indoor sports features, 1 (11.1 %) had only outdoor sports features, and 1 (11.1%) had both indoor and outdoor sports features. Four (44.5%) offered childcare, and 2 (22.2%) offered teen services. All 9 (100.0%) charged daily fees, while 8 (88.9%) offered low income discounts, and 5 (55.6%) offered youth discounts. Table S.3.1 summarizes this information.

Table S.3.1. PA facility Setting (N=9)

PA facility Setting	Number	Percent
Setting		
Community Recreation Center	0	0.0%

Boys and Girls Club	0	0.0%
Church Community Center	0	0.0%
YMCA/YWCA	1	11.1%
For-Profit PA Facility	8	88.9.0%
Other	0	0.0%
Sport feature location		
Indoor	7	77.8%
Outdoor	1	11.1%
Both Indoor and Outdoor	1	11.1%
Services		
Childcare	4	44.4%
Teen activities	2	22.2%
Fees		
Daily Fees	9	100.0%
Fee discount for low-income	8	88.9%
Fee discount for youth	5	55.6%

PA facility Parking, Sidewalks and Amenities

Staff assessed each PA facility for on-site parking, parking overhead lighting, bicycle parking, a sidewalk leading up to the entrance, and sidewalk overhead lighting. Among the nine PA facilities surveyed in Anchorage, all 9 (100%) had on-site parking with overhead lighting, and 5 (55.6 %) had bicycle parking. Seven facilities (77.8 %) had a sidewalk leading up to the entrance, and all of these sidewalks had lighting.

Observations on PA facility amenities included whether it had restrooms, showers, and beverage vending machines both inside and outside. Among the 9 PA facilities, all (100.0 %) had restrooms inside, and 8 (88.9%) had showers inside. Seven (77.8%) had indoor beverage vending machines. Five facilities had information on outdoor restrooms, showers, and beverage vending machines. One (20.0%) facility had outdoor restrooms, and none had outdoor showers or beverage vending machines. Table S.3.2 summarizes this information.

Table S.3.2. PA facility Amenities (N=9 unless otherwise noted)

Access and barriers		
Parking		
Parking on-site available (not including street parking)	9	100.0%
Parking has lights	9	100.0%
Bicycle parking racks or cages available	5	55.6%
Sidewalk		
Sidewalks on street lead up to the entrance	7	77.8%
Sidewalks have lighting	7	77.8%
Amenities		
Restrooms present inside	9	100.0%
Showers present inside	8	88.9%
Beverage vending machines present inside	7	77.8%
Restrooms present outside (n=5)	1	20.0%
Showers present outside (n=5)	0	0.0%

Access and barriers		
Beverage vending machines present outside (n=5)	0	0.0%
Restrooms present inside or outside	9	100.0%
Showers present inside or outside (n=8)	8	100.0%
Beverage vending machines present inside or outside (n=8)	7	87.5%

Sports Features

Staff assessed each PA facility for a specific list of sports features indoors and outdoors to determine the number of each feature present, the condition of each feature, and, for outdoor features, whether lighting was present. Staff also rated the condition of each feature.

Condition of the Feature

Staff rated the condition for each feature item and, for outside features, the presence of lighting. The condition of a feature could be recorded as "poor", "okay/good", or "not rated". When there was more than one of a particular feature, each was evaluated for condition while the presence of lighting was assessed across all features. For example, if a PA facility had 3 basketball courts and 2 were in okay condition, 1 was in poor condition, and 1 of them had lighting, then the staff would record the number of basketball courts as 3, 2 of which were rated okay/good, 1 was rated as poor, and that this PA facility had lighting for this feature.

Feature condition was rated based on the feature's surface and related equipment, if any was available for the feature. Ultimately the feature condition rating was related to

whether or not players could safely play or engage in physical activity on a feature without risking injury or falling. Staff took into consideration the type of activities that would take place on or within a particular feature as well as the material comprising the surface when considering its condition. When assessing the condition of equipment used for physical activity, staff took into consideration age, functionality, wear and tear, damage such as dents or sharp edges, missing pieces, and rust. For example, if a playing surface was composed of concrete, staff assessed whether smooth concrete covered the entire surface and looked for cracks or uneven slabs in the concrete surface.

Survey Results for Indoor Sports Features

Across the seven PA facilities surveyed in Anchorage, there were a total of 40 indoor sports features, of which 39 were rated as ok/good and 1 was not rated.

Exercise machine areas were the most common feature (16), followed by multipurpose rooms (11), and volleyball courts (5). Table S.3.3 summarizes the number of each sports feature and the condition of the feature across all 7 PA facilities in Anchorage.

Across the nine PA facilities surveyed in Anchorage, there were a total of 35 indoor sports features, of which all 35 (100%) were rated as ok/good.

Exercise machine areas were the most common feature (14), followed by multipurpose rooms (7), and pools (7). The following table (Table S.3.3) summarizes the number of each sports feature and the conditions of the feature across all 9 PA facilities in Anchorage.

Table S.3.3. Indoor sports features across all 9 PA facilities in Anchorage

Feature	Total number of the feature	Condition of the Feature		
		OK/Good	Poor	Not rated
Field soccer	0	0	0	0
Court basketball	4	4	0	0
Court tennis	0	0	0	0
Court volleyball	0	0	0	0
Court racquetball	2	2	0	0
Court multiuse	0	0	0	0
Multipurpose room	7	7	0	0
Exercise machine area	14	14	0	0
Gymnastics facilities	0	0	0	0
Running/ Walking track	0	0	0	0
Pool >3 feet deep	7	7	0	0
Skateboarding	0	0	0	0
Rock Climbing	1	1	0	0

Survey Results for Outdoor Sports Features

Across the nine PA facilities surveyed in Anchorage, there were a total of 4 outdoor sports features, of which all 4 (100.0%) were rated as ok/good. None of the facilities had lighting on outdoor features.

The most common features were soccer fields (3), and there was one playground. The following table (Table S.3.4) summarizes the number of each sports feature and the condition of the feature across all 9 PA facilities in Anchorage.

Table S.3.4. Outdoor sports features across all 9 PA facilities in Anchorage

Feature	Total number of the feature	Condition of the Feature			Number of facilities w/ Lighting
		OK/Good	Poor	Not rated	
Field multiuse	0	0	0	0	0
Field football	0	0	0	0	0
Field baseball	0	0	0	0	0
Field soccer	3	3	0	0	0
Court basketball	0	0	0	0	0
Court tennis	0	0	0	0	0
Court volleyball	0	0	0	0	0
Court multiuse	0	0	0	0	0
Running/walking track	0	0	0	0	0
Pool <3 feet deep	0	0	0	0	0
Pool wading	0	0	0	0	0
Playground	1	1	0	0	0
Skateboarding	0	0	0	0	0
Exercise Stations	0	0	0	0	0
Rock Climbing	0	0	0	0	0

PA facility Amenities

Method: Staff assessed each PA facility for a specific list of amenities to determine if the amenity was present and to rate the condition of the item.

When staff were unable to determine the condition of one or more features of a specific type (if more than one present), they rated the features of that type that were able to be rated. When any features of a specific type could not be rated due to construction/ repairs or seasonal closure, staff selected not rated.

Among the 9 PA facilities in Anchorage, there were a total of 12 amenities, of which 10 were rated as ok/good and 2 were not rated. The amenities present were drinking fountains (8), trash containers (3), and benches (1). Table S.3.5 summarizes the total number and condition of each feature/amenity assessed.

Table S.3.5. Amenities across all 9 PA facilities in Anchorage

Feature	Total Number of the feature	Condition of the Feature		
		OK/Good	Poor	Not rated
Drinking fountain indoor	8	8	0	0
Drinking fountain outdoor	0	0	0	0
Trash container	3	2	0	1
Benches	1	0	0	1

Incivilities

Method: Staff assessed each PA facility for a list of incivilities and how much each was present. The term incivility is used to describe items in the environment that might discourage physical activity. These items are often signs of area deprivation or markers of blight.

These incivilities are the same as those included in the assessment of parks. Staff looked for incivilities throughout the PA facility and assigned a score for each of 9 incivility types based upon the amount that was present across the PA facility ground. The possible ratings were: none (0), a little (1), some (2), and 3 (a lot). For the community, an average rating for each item was used.

Among the nine PA facilities in Anchorage, there was no evidence of any of the incivilities surveyed. However the presence of snow at three of the sites may have obscured some evidence of incivilities. (Table S.3.6)

Table S.3.6. Average Amount of Each Incivility across 9 PA facilities in Anchorage

Incivility Type	Amount
Garbage	None
Broken glass	None
Graffiti/Tagging	None
Evidence of Alcohol use	None
Evidence of Substance Abuse	None
Sex Paraphernalia	None
Dog Refuse	None
Dogs Unattended	None
Vandalism	None

Section 4. Assessment of Fast Food Outlets

Method: The tool used by CHL to assess fast food outlets (FFO) is modified from the Bridging the Gap Program (BTG), University of Illinois at Chicago. The BTG-COMP Fast Food Observation Form was designed to assess a variety of attributes in the fast food outlet environment, including advertising and marketing, availability of nutritional information and healthy options, availability and pricing of specific food and beverage items, as well as other characteristics of the facility. (See APPENDIX for CHL form used.) The purpose of this data collection is to characterize the away-from-home food environment, with a focus on fast-food outlets and pizzerias, which are often popular destinations for youth.

Eligible Fast Food Outlets:

Any national and regional fast food chains or franchises and independent fast food outlets that were located within Anchorage were eligible. Fast food outlets are most often characterized by the fact that customers order and pay at the counter prior to eating. Data collection was also conducted in pizzerias, which may have table service. Specialty snack/drink shops where 50% or more of the menu items are a snack or drink item (e.g. Dunkin' Donuts, Starbucks, Baskin Robbins, Auntie Anne's Pretzels, Tropical Smoothie Café), buffets, and "take & bake" pizza places (e.g. Papa Murphy's, Homemade Pizza Co.) were excluded.

Ten fast food outlets in Anchorage were assessed and included in this analysis.

Outlet Type and Shared Space

Upon entering the outlet, staff assessed the outlet type according to the main cuisine or type of food/beverages on the menu board and whether it shared space with another business.

The outlet type was selected from a list, or other could be selected. Among the 10 outlets in Anchorage, 3 (30.0%) were Burger and Fries outlets, 3 (30.0%) were Sandwich or Sub shops, 1 (10.0%) was a Mexican/Latin American food outlet, and 1 (10.0%) was a Pizzeria/Italian food outlet. Two (20.0%) were categorized as other. One of these was a coffee shop, and one was a Ready Made Short Order Takeout shop.

Each outlet was assessed for whether it had its own building /exterior or whether it shared spaced with a food court, grocery store, gas station, or other restaurant. None of the 10 fast food outlets in Anchorage shared space with a food court, grocery store, gas station, or other restaurant. Table S.4.1 summarizes this information.

Table S.4.1. Outlet Type and Shared Space (N=10)

Outlet Setting	Number	Percent
Outlet Type		
Burger and Fries	3	30.0%
Mexican/Latin American	1	10.0%
Fried Chicken/Fried Fish	0	0.0%
Sandwich or Sub Shop	3	30.0%
Sandwich/Pastry	0	0.0%
Pizzeria/Italian	1	10.0%
Plate Lunch/Lunch Truck	0	0.0%

Outlet Setting	Number	Percent
Chinese/Pan-Asian	0	0.0%
Other, *SPECIFY: Coffee Shop, Ready Made Short Order*	2	20.0%
Shared Space		
Food Court	0	0.0%
Grocery Store	0	0.0%
Gas Station	0	0.0%
Other Restaurant	0	0.0%

Outlet Parking, Sidewalks, and Exterior Amenities

Staff assessed each outlet for certain amenities such as on-site parking, bicycle parking, parking overhead lighting, sidewalks, and sidewalk overhead lighting.

Among the 10 fast food outlets surveyed in Anchorage, all (100.0%) had on-site parking with overhead lighting, and two (20.0%) had bicycle parking. Nine (90.0%) had a sidewalk with lighting leading up to the entrance.

Observations on outlet amenities included whether it had outdoor seating, bars on the windows, an exterior play area, an indoor play area visible from the outside, and a drive-through window. Two (20.0%) of the Anchorage outlets had outdoor seating, while none had bars on the windows, exterior play areas, or indoor play areas visible from the outside. Five (55.6%) of the nine outlets for which information was available had drive-thru windows. This information is summarized in Table S.4.2.

Table S.4.2. Parking, Sidewalks, and Exterior Amenities (N=10 unless otherwise noted)

Exterior Feature	Number	Percent
Parking		
Parking on-site available (not including street parking)	10	100.0%
Parking has lights	10	100.0%
Bicycle parking racks or cages available	2	20.0%
Sidewalk		
Sidewalks on street lead up to the entrance	9	90.0%
Sidewalks have lighting	9	90.0%
Outdoor seating	2	20.0%
Bars on windows	0	0.0%
Exterior play area	0	0.0%
Indoor play area visible from outside	0	0.0%
Drive through window (n=9)	5	55.6%

Staff also assessed the number of external walls visible from the street and the level of graffiti and garbage that was present. Among the 10 Anchorage outlets, 2 (20.0%) had one visible wall, 3 (30.0%) had two visible walls, 1 (10.0%) had three visible walls, and 4 (40.0%) had four visible walls. This question was intended to give a sense of the size/layout of the restaurant property and the number of sides on which advertisements can be placed.

Staff rated each fast food outlet as having none, a little, some, or a lot of graffiti and garbage. Among the 10 outlets, none had any graffiti or garbage present. This information is summarized in Table S.4.3.

Table S.4.3. Exterior (N=10)

Exterior Feature	Number	Percent
Walls visible from street		
0	0	0.0%
1	2	20.0%
2	3	30.0%
3	1	10.0%
4	4	40.0%
Graffiti		
None	10	100.0%
A little	0	0.0%
Some	0	0.0%
A lot	0	0.0%
Garbage		
None	10	100.0%
A little	0	0.0%
Some	0	0.0%
A lot	0	0.0%

Exterior Marketing

Staff assessed food and beverage advertisements on the building exterior and property, child-targeted marketing on the exterior, and other ad themes.

Ads on the Building Exterior or Property

The number of advertisements <u>at least 8½ x 11 inches in size</u> that were posted on the building exterior and restaurant property was recorded. To be counted, ads must have been visible from the parking lot(s) and/or from the street(s) bordering the restaurant. Ads which could be considered a price promotion, food ad, beverage ad, or soda ad were separately tallied.

- **Exterior ads:** included those that are on the walls, doors, windows or roof of the building and visible from the parking lot(s) or street(s) bordering the restaurant.
- **Property ads:** include those that are not posted on the building, but are in some other place on the restaurant property such as on a fence, light post, pole, garbage can, parking barrier, play area, or other place. Again, these must be visible from the parking lot(s) or street(s) bordering the restaurant.
- **Price promotion ads** have a price specified or the presence of any of the following word(s): "price," "sale," "deal," "save," "discount," or "value." It also includes any ad promoting a multi- item discount like "Buy one, get one free," "free with purchase," "try one free" or related language. It may or may not also have included a food or beverage.
- **Food ads** have an image of and/or a name/description for a food item(s). It may or may not also have included a beverage.
- **Beverage ads** have an image of and/or a name/description for a beverage item(s). This could include, for example, soda, coffee drinks, tea, milkshakes, smoothies, juice, water and other beverages.

- **Soda ads:** have an image of and/or a name/description for a soda. This can include bottled or canned soft drinks, as well as fountain drinks.

All 10 fast food outlets in Anchorage were assessed for ads on the building exterior. Among the 10 Anchorage outlets, there were a total of 40 ads, 14 ads for price promotion, 38 food ads, 15 beverage ads, and 8 soda ads. The mean and standard deviation (sd) for the number of ads on the building exterior of fast food outlets in Anchorage is 4.0 (sd=4.0, min=0, max=13). The mean number of ads for a price promotion is 1.4 (sd=2.0, min=0, max=5). The mean number of ads for food is 3.8 (sd=4.0, min=0, max=13). The mean number of ads for beverages is 1.5 (sd=2.5, min=0, max=7). Table S.4.4 summarizes this information. The presence of specific types of ads at each outlet is presented in table S.4.5. The type of ad most commonly observed at FFOs in Anchorage was a food ad (n=7, 70.0%), followed by a beverage ad (n=5, 50.0%), a price promo ad (n=4, 40.0%), and a soda ad (n=3, 30.0%).

Among the 10 fast food outlets in Anchorage, none had ads on the property other than those on the building exterior.

Table S.4.4. Summary of Price Promotion, Food, Beverage, or Soda Ads on the Building Exterior or Property across Fast Food Outlets in Anchorage

Location	# surveyed	Type of Ad				
		Total	Price Promo	Food Ad	Beverage Ad	Soda Ad
Exterior	10	40	14	38	15	8
Property	10	0	0	0	0	0

Other Ads on the Exterior

Staff also assessed the presence of ads on the outlet's exterior that included a dollar menu promotion, health claim, cartoon character(s), a celebrity, kids' meal toy, or other child-directed marketing. Any one ad can be coded as having one or more of the characteristics described above. For example, the same ad could feature both cartoon characters and the kids' meal toy.

Among the 10 fast food restaurants in Anchorage, 3 (30.0%) had a dollar menu ad, 1 (10.0%) had a health ad, and none had cartoon ads, celebrity ads, kids' meal toy ads, or other child-directed marketing. Table S.4.5 summarizes this information.

Table S.4.5. Presence of Ads by Type (N=10)

Type of Ad	Number	Percent
External		
Price Promo	4	40.0%
Food Ad	7	70.0%
Beverage Ad	5	50.0%
Soda Ad	3	30.0%
Property		
Price Promo	0	0.0%
Food Ad	0	0.0%
Beverage Ad	0	0.0%
Soda Ad	0	0.0%
Dollar menu	3	30.0%

Type of Ad	Number	Percent
Health claim	1	10.0%
Cartoon character(s)	0	0.0%
TV/ movie star/sports start/youth celebrity	0	0.0%
Kids' meal toy	0	0.0%
Other child-targeted marketing	0	0.0%

Counter Service and Restaurant Interior

Staff assessed items describing the type of service offered within the establishment, characteristics of the checkout area, characteristics of the restaurant interior, and availability of self-service beverages and a salad bar.

None of the fast food outlets in Anchorage were a drive-in only restaurant, so all were assessed for restaurant interior characteristics. In all 10 (100.0%) outlets, food was ordered, picked up and paid for at the counter. Staff counted the number of cash registers inside the restaurant. Four (40.0%) of the outlets had one cash register, 4 (40.0%) had two registers, and 2 (20.0%) had three registers. None of the outlets had a glass or Plexiglas divider between customers and a cash register in the restaurant interior.

Regarding other interior characteristics, 9 (90.0%) of the fast food outlets had indoor seating, 1 (10.0%) had a toy display and this display was 3 and a half feet or less from the ground (at eye level of children). Regarding specific food and beverage items, 7 (70.0%) outlets had sweets such as cookies and candy, near the cash register, and 7

(70.0%) had self-serve fountain drinks. Information on availability of restrooms, free water and self-serve salads was collected for nine of the outlets. Eight (88.9%) had restrooms for customer use, 8 (88.9%) had free water available, and none offered self-serve salads. None of the outlets assessed had interior play areas.

Table S.4.6 Counter Service and Restaurant Interior (N=10 unless otherwise noted)

Restaurant Feature	Number	Percent
Drive-in only	0	0.0%
Counter Service		
Ordering food	10	100.0%
Picking up food	10	100.0%
Paying for food	10	100.0%
Interior Register Count		
1 register	4	40.0%
2 registers	4	40.0%
3 registers	2	20.0%
Divider between customer and cash register	0	0.0%
Indoor Seats	9	90.0%
Restrooms (n=9)	8	88.9%

Restaurant Feature	Number	Percent
Indoor displays for kids' meal toys		
Any ad or display	1	10.0%
Toy display 3½ feet or less from the ground	1	10.0%
Sweet snacks near counter	7	70.0%
Self-serve fountain drinks	7	70.0%
Free water (n=9)	8	88.9%
Self-serve salad (n=9)	0	0.0%
Interior Play Area	0	0.0%

General Menu: Dollar Menu Items, Combo Meals, Salad, Fruits and Vegetables, and Signs for Health Options

Staff assessed the availability of a dollar menu and specific items on it, combo meals, salads and other fruit and vegetable sides. Signage for "healthy" items on the menu was also assessed.

Among the 10 fast food outlets in Anchorage, 4 (40.0%) had a dollar menu. All 4 dollar menus included a dessert, 1 (10.0%) included fruit, 3 (30.0%) included a drink, 3 (30.0%) included an entrée, and 2 (20.0%) included French fries. Seven (70.0%) outlets offered a combo meal, and 9 (90.0%) offered salad as an entrée. Information on availability of low fat salad dressing was collected at nine of the ten sites, and 5 (55.6%) outlets offered this option.

Staff tallied the number of side items on the menu that were vegetables, fresh fruit, or other fruit besides fresh fruit. Staff looked for the availability of any side salad(s) or other vegetable(s) listed on the menu as a "side" or "extra" and assessed whether it met the criteria of being <u>non-fried and not having added fat</u>. Vegetables that were part of a main dish were also not counted. Staffed looked for the availability of any fresh fruit listed on the menu as a "side" or "extra." Beverages such as juice or smoothies were not counted. Staff also looked for the availability of canned, dried, or other processed (not fresh) fruit options listed on the menu as a "side" or "extra."

Among the 10 fast food outlets in Anchorage, there were a total of 9 vegetable items offered, 4 fresh fruit items, and 1 other fruit item. Seven (70.0%) outlets offered 1-2 vegetables items, and 4 (40.0%) offered 1-2 fresh fruit items. Only 1 (10.0%) outlet offered other fruit items.

Staff looked for signage indicating food as low calorie, low fat, low sodium, or healthy. Among the 10 fast food outlets in Anchorage, 3 (30.0%) had signage for low fat foods and none had signage for low sodium or low calorie foods. Two (22.2%) of the nine outlets for which information was available had signage for healthy foods. None of these fast food outlets had liquor on the menu. This information is summarized in Table S.4.7.

Table S.4.7 General Menu Items (N=10)

Menu Feature	Number	Percent
Dollar Menu	4	40.0%
Fruit on Dollar Menu	1	10.0%
Dessert on Dollar Menu	4	40.0%

Menu Feature	Number	Percent
Drink on Dollar Menu	3	30.0%
Fries on Dollar Menu	2	20.0%
Entrée on Dollar Menu	3	30.0%
Combo meal	7	70.0%
Salad as an entrée	9	90.0%
Low-fat salad dressing (n=9)	5	55.6%
Vegetable Items Count		
none	3	30.0%
1-2	7	70.0%
2-4	0	0.0%
5 or more	0	0.0%
Fruit Items Count		
none	6	60.0%
1-2	4	40.0%
2-4	0	0.0%
Other Fruit Items	1	10.0%

Menu Feature	Number	Percent
Signage on the menu		
Low calorie	0	0.0%
Low fat	3	30.0%
Low sodium	0	0.0%
Healthy (n=9)	2	22.2%
Liquor	0	0.0%

Beverage Item Assessment

Staff assessed the posted menu board for the availability and price of specific beverage items--such as soda, juice, milk, water, coffee, and shakes--commonly found in fast food establishments. All 10 fast food outlets in Anchorage had information on beverage items, except for the assessments of fountain drinks and skim or 1% unflavored milk, which were collected in 9 outlets. Packaged soda, 100% Juice, and bottled water were all available at 6 (60.0%) outlets. Fountain drinks were also available at 6 (66.7%) of nine outlets assessed. This information is presented in Table S.4.8.

Table S.4.8 Beverage Items (N=10 unless otherwise noted)

Beverage	Number	Percent
Fountain drink (n=9)	6	66.7%
Packaged soda	6	60.0%

Beverage	Number	Percent
100% Juice	6	60.0%
Milk, skim or 1% fat (unflavored) (n=9)	3	33.3%
Milk, whole/Vit D or 2% fat (unflavored)	5	50.0%
Bottled Water	6	60.0%
Flavored Coffee Drinks (hot or iced)	4	40.0%
Shakes or Malts	3	30.0%
Flavored Milk (e.g., chocolate, strawberry)	5	50.0%

Food Item Assessment

Staff assessed the posted menu board for the availability and price for specific food items commonly found in fast food establishments and pizzerias. Among the 10 fast food outlets in Anchorage, the most commonly available food items from the list of specific foods were chicken sandwiches and entrée salads (n=6, 60.0%). This information is presented in Table S.4.9.

Table S.4.9 Food Items (N=10 unless otherwise noted)

Food	Number	Percent
French fries (n=9)	3	33.3%
Cheeseburger	2	20.0%

Food	Number	Percent
Chicken Sandwich, with roasted or grilled chicken	6	60.0%
Entrée salad, with roasted or grilled chicken	6	60.0%
Fried chicken – legs, drumstick, and thigh	0	0.0%
Cheese pizza, thin crust	0	0.0%
Taco with ground beef	2	20.0%
Sub sandwich, with turkey and cheese	3	30.0%

Children's Menu Assessment

Staff assessed each outlet for items that were available and promoted to children (usually ages 12 and under), via the establishment's kids' meal or kids' menu. Staff looked for healthy beverage and food options and asked for these items when they were not posted on the menu board. Staff also assessed the availability of toys.

Among the 10 fast food outlets in Anchorage, 6 (60.0%) had a kids' menu or meal available. Five (50.0%) outlets had an unflavored skim/1% milk, 100% juice, or bottled water option on the board and when asked. Three (30.0%) outlets had a fruit, vegetable (only non-fried vegetables w/o added fat), salad or yogurt option on the board, and a fourth had this option when asked. Four (40.0%) outlets offered a free toy with the kids' meal and three (30.0%) of these also offered a toy for an additional charge. This information is summarized in Table S.4.10.

Table S.4.10 Children's Menu (N=10)

Menu feature	Number	Percent
Kids' menu or meal	6	60.0%
Unflavored skim/1% milk, 100% juice, or bottled water (listed or shown on board)	5	50.0%
Unflavored skim/1% milk, 100% juice, or bottled water (available when asked)	5	50.0%
Fruit, vegetable (only non-fried vegetables w/o added fat), salad or yogurt (listed or shown on board)	3	30.0%
Fruit, vegetable (only non-fried vegetables w/o added fat), salad or yogurt (available when asked)	4	40.0%
Free toy with kids' meal	4	40.0%
Toy for additional charge	3	30.0%

Appendix: CHL Adapted Forms

- CHL Park Observation Form
- CHL School Observation Form
- CHL PA Facility Observation Form
- Fast Food Observation Form

BTG-COMP ▪ PARK OBSERVATION FORM ▪ **Ammended for CHL**	Children's Healthy Living Program

JURISDICTION:

COMMUNITY:

PARK ID :

PARK NAME:

GEOGRAPHIC COORDINATES:

ADDRESS:

COMPLETION CODE	
COMPLETED	❑01
PARTIALLY COMPLETED – *CODE DISPOSITION*	❑02
NOT STARTED – *CODE DISPOSITION*	❑03
NOT ELIGIBLE – *CODE DISPOSITION*	❑96

DISPOSITION CODE	
Temporarily not accessible	❑1
Not safe	❑2
Asked to leave	❑3
Address not found	❑5
Does not meet study criteria – *DESCRIBE IN NOTES*	❑7
Permanently closed / Does not exist	❑8
Other (*SPECIFY*):	❑6

DATE ___ - ___ -20 ____   STAFF 1 _____   STAFF2 _____

START TIME ___ : ___ ❑ AM   END TIME ___ : ___ ❑ AM
❑ PM   ❑ PM

NOTES

A. SETTING, PARKING AND AMENITIES

A1. Setting			A3. Does the park have…?		NO	YES
a. What type of setting is this?			a. Closing Time Signage		❑0	❑1
Public Park		❑1	b. Restrooms/Port-o-lets		❑0	❑1
Other, *SPECIFY*:		❑8	c. Showers/Locker Rooms		❑0	❑1
b. Is the park adjacent to a school? *IF NO, SKIP TO A2*	❑0	❑1	d. Beverage Vending Machines		❑0	❑1
IF Yes RECORD NAME of School:			IF A3d=0, SKIP 1-5	1.Plain Bottled Water	❑0	❑1
				2. 100% Juice	❑0	❑1
b1. Do park and school share sports features?	❑0	❑1		3. Regular Soda	❑0	❑1
A2. Does the park have…?	**NO**	**YES**		4. Diet Soda	❑0	❑1
a. Parking On-Site	❑0	❑1		5. Other Sweetened Beverages	❑0	❑1
1. Lighted Parking (*IF A2a=0, LEAVE BLANK*)	❑0	❑1	**A4. Is there an entrance fee?**		❑0	❑1
b. Sidewalk on street leading to entrance	❑0	❑1	**A5. Access signage and barriers to entry**		**NO**	**YES**
			a. Signage indicates park/school name		❑0	❑1
1. Sidewalk Lighting (*IF A2b=0, LEAVE BLANK*)	❑0	❑1	b. Signage states public use of area is limited to specific hours/period of daytime		❑0	❑1
c. Bicycle Parking	❑0	❑1	c. Signage states area is private or restricted access at all times (e.g. no trespassing)		❑0	❑1
IF YES TO A5c AND/OR A5d, BE SURE YOU HAVE CODED A1 AND MARK THE COMPLETION CODE AS 02 (PARTIALLY COMPLETED). YOU DO NOT NEED TO CODE THE REST OF THE FORM.			d. Locked fence around the perimeter or other physical barrier prevents public access		❑0	❑1

B. SPORTS FEATURES

| | | MARK "X" IN BOX IF NO SPORTS FEATURES AND SKIP SECTION B | | | | | | |

FOR EACH FEATURE BELOW, COMPLETE ITEM B1 IF B1 TOTAL >0, CODE B2 AND B3	B1. How Many?		B2. Condition of Feature – How many in each?					B3. Does the Feature have Lighting?	
			1. POOR		2. OK/GOOD		COULD NOT RATE		
	TALLY	TOTAL	TALLY	TOTAL	TALLY	TOTAL		NO	YES
a. Field, Multi-use		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
b. Field, Football		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
c. Field, Baseball		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
d. Field, Soccer		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
e. Court, Basketball		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
f. Court, Tennis		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
g. Court, Volleyball		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
i. Court, Multi-use		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
m. Running/Walking Track		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
n. Pool (> 3ft deep)		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
o. Wading Pool/Spray Grounds		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
p. Playground Area		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1
q. Skateboarding Facilities		⊔⊔⊔		⊔⊔⊔		⊔⊔⊔	⊔⊔⊔	☐ 0	☐ 1

FOR EACH FEATURE, COMPLETE B1 IF B1=1, CODE B2 AND B3	B1. Is Feature Present?		B2. Condition of Feature			B3. Does the Feature have Lighting?	
	NO	YES	POOR	OK/GOOD	COULD NOT RATE	NO	YES
r. Exercise Stations with signage	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1
s. Exercise Stations without signage	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1
t. Rock Climbing Wall	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1

NOTES

CHILDREN'S HEALTHY LIVING PROGRAM

C. PARK FEATURES AND AMENITIES

FOR EACH FEATURE, COMPLETE C1 IF C1=1, CODE C2	C1. Is Feature Present?		C2. Condition of Surface or Feature		
	NO	YES	POOR	OK/GOOD	COULD NOT RATE
a. Green Space	❏ 0	❏ 1	❏ 1	❏ 2	❏
b. Beaches, Swimmable	❏ 0	❏ 1	❏ 1	❏ 2	❏
c. Beaches, Recreational	❏ 0	❏ 1	❏ 1	❏ 2	❏
d. Beaches, with Lifeguard	❏ 0	❏ 1	❏ 1	❏ 2	❏
e. Other Water Features	❏ 0	❏ 1	❏ 1	❏ 2	❏
f. Shelters	❏ 0	❏ 1	❏ 1	❏ 2	❏
g. Picnic Tables Shaded	❏ 0	❏ 1	❏ 1	❏ 2	❏
h. Picnic Tables Not shaded	❏ 0	❏ 1	❏ 1	❏ 2	❏
i. Benches	❏ 0	❏ 1	❏ 1	❏ 2	❏
j. Drinking Fountains	❏ 0	❏ 1	❏ 1	❏ 2	❏
k. Decorative Water Fountains	❏ 0	❏ 1	❏ 1	❏ 2	❏
l. Trash Containers	❏ 0	❏ 1	❏ 1	❏ 2	❏
m. Grills/Fire Pits	❏ 0	❏ 1	❏ 1	❏ 2	❏
n. Fence	❏ 0	❏ 1	❏ 1	❏ 2	❏
o. Trails *IF NO TRAILS, SKIP 1 AND 2 BELOW*	❏ 0	❏ 1	❏ 1	❏ 2	❏
1. Two-way Traffic on Trails?	❏ 0	❏ 1			

2. Surface Material on Trails? *CODE ONLY 1*		NOTES
Asphalt/Concrete	❏ 1	
Wood Chips/Mulch	❏ 2	
Gravel	❏ 3	
Dirt	❏ 4	
More than 1 material	❏ 5	

D. INCIVILITIES				
D1. How much of … **is on the park property?**	**NONE**	**A LITTLE**	**SOME**	**A LOT**
a. Garbage/Litter	❏ 0	❏ 1	❏ 2	❏ 3
b. Broken Glass	❏ 0	❏ 1	❏ 2	❏ 3
c. Graffiti/Tagging	❏ 0	❏ 1	❏ 2	❏ 3
d. Evidence of Alcohol Use	❏ 0	❏ 1	❏ 2	❏ 3
e. Evidence of Substance Abuse	❏ 0	❏ 1	❏ 2	❏ 3
f. Sex Paraphernalia	❏ 0	❏ 1	❏ 2	❏ 3
g. Dog Refuse	❏ 0	❏ 1	❏ 2	❏ 3
h. Dogs Unattended	❏ 0	❏ 1	❏ 2	❏ 3
i. Vandalism	❏ 0	❏ 1	❏ 2	❏ 3

CHILDREN'S HEALTHY LIVING PROGRAM

BTG-COMP ▪ SCHOOL OBSERVATION FORM ▪ **Ammended for CHL**	Children's Healthy Living Program

JURISDICTION:

COMMUNITY:

SCHOOL ID :

SCHOOL NAME:

GEOGRAPHIC COORDINATES:

ADDRESS:

DATE ___ - ___ -20 ____   STAFF 1 _____   STAFF2 _____

START TIME ___ : ___ ❑ AM   END TIME ___ : ___ ❑ AM
                      ❑ PM   ❑ PM

COMPLETION CODE	
COMPLETED	❑ 01
PARTIALLY COMPLETED – *CODE DISPOSITION*	❑ 02
NOT STARTED – *CODE DISPOSITION*	❑ 03
NOT ELIGIBLE – *CODE DISPOSITION*	❑ 96
DISPOSITION CODE	
Temporarily not accessible	❑ 1
Not safe	❑ 2
Asked to leave	❑ 3
Address not found	❑ 5
Does not meet study criteria – *DESCRIBE IN NOTES*	❑ 7
Permanently closed / Does not exist	❑ 8
Other (*SPECIFY*):	❑ 6

NOTES

A. SETTING, PARKING AND AMENITIES

A1. Setting		
a. What type of setting is this?		
School Grounds		❑ 6
Other, *SPECIFY*:		❑ 8
b. Is school adjacent to a public park? *IF NO, SKIP TO A2*	❑ 0	❑ 1
IF Yes RECORD NAME of Park:		
c. Do school and park share sports features?	❑ 0	❑ 1

A2. Does the school have…?	NO	YES
a. Parking On-Site	❑ 0	❑ 1
1. Lighted Parking (*IF A2a=0, LEAVE BLANK*)	❑ 0	❑ 1
b. Sidewalk on street leading to entrance	❑ 0	❑ 1
1. Sidewalk Lighting (*IF A2b=0, LEAVE BLANK*)	❑ 0	❑ 1
c. Bicycle Parking	❑ 0	❑ 1

A3. Does the school have…?		NO	YES
a. Closing Time Signage		❑ 0	❑ 1
b. Restrooms/Port-o-lets		❑ 0	❑ 1
c. Showers/Locker Rooms		❑ 0	❑ 1
d. Beverage Vending Machines		❑ 0	❑ 1
IF A3d=0, SKIP 1-5	1. Plain Bottled Water	❑ 0	❑ 1
	2. 100% Juice	❑ 0	❑ 1
	3. Regular Soda	❑ 0	❑ 1
	4. Diet Soda	❑ 0	❑ 1
	5. Other Sweetened Drinks	❑ 0	❑ 1

A5. Access signage and barriers to entry	NO	YES
a. Signage indicates park/school name	❑ 0	❑ 1
b. Signage states public use of area is limited to specific hours/period (e.g., after school)	❑ 0	❑ 1
c. Signage states area is private or restricted access at all times (e.g. no trespassing, school use only)	❑ 0	❑ 1
d. Locked fence around the perimeter or other physical barrier prevents public access	❑ 0	❑ 1

IF YES TO A5c AND/OR A5d, BE SURE YOU HAVE CODED A1 AND MARK THE COMPLETION CODE AS 02 (PARTIALLY COMPLETED). YOU DO NOT NEED TO CODE THE REST OF THE FORM.

CHILDREN'S HEALTHY LIVING PROGRAM

B. SPORTS FEATURES

☐ MARK "X" IN BOX IF NO SPORTS FEATURES AND SKIP SECTION B

FOR EACH FEATURE BELOW, COMPLETE ITEM B1 — IF B1 TOTAL >0, CODE B2 AND B3	B1. How Many?		B2. Condition of Feature – How many in each?					B3. Does the Feature have Lighting?	
			1. POOR		2. OK/GOOD		COULD NOT RATE		
	TALLY	TOTAL	TALLY	TOTAL	TALLY	TOTAL		NO	YES
a. Field, Multi-use		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
b. Field, Football		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
c. Field, Baseball		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
d. Field, Soccer		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
e. Court, Basketball		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
f. Court, Tennis		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
g. Court, Volleyball		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
i. Court, Multi-use		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
m. Running/Walking Track		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
n. Pool (> 3ft deep)		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
o. Wading Pool/Spray Grounds		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
p. Playground Area		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1
q. Skateboarding Facilities		└┴┘		└┴┘		└┴┘	└┴┘	☐ 0	☐ 1

FOR EACH FEATURE, COMPLETE B1 IF B1=1, CODE B2 AND B3	B1. Is Feature Present?		B2. Condition of Feature			B3. Does the Feature have Lighting?	
	NO	YES	POOR	OK/GOOD	COULD NOT RATE	NO	YES
r. Exercise Stations with signage	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1
s. Exercise Stations without signage	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1
t. Rock Climbing Wall	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1

NOTES

CHILDREN'S HEALTHY LIVING PROGRAM

C. SCHOOL FEATURES AND AMENITIES

FOR EACH FEATURE, COMPLETE C1 IF C1=1, CODE C2	C1. Is Feature Present?		C2. Condition of Surface or Feature		
	NO	YES	POOR	OK/GOOD	COULD NOT RATE
a. Green Space	❏ 0	❏ 1	❏ 1	❏ 2	❏
b. Beaches, Swimmable	❏ 0	❏ 1	❏ 1	❏ 2	❏
c. Beaches, Recreational	❏ 0	❏ 1	❏ 1	❏ 2	❏
d. Beaches, with Lifeguard	❏ 0	❏ 1	❏ 1	❏ 2	❏
e. Other Water Features	❏ 0	❏ 1	❏ 1	❏ 2	❏
f. Shelters	❏ 0	❏ 1	❏ 1	❏ 2	❏
g. Picnic Tables Shaded	❏ 0	❏ 1	❏ 1	❏ 2	❏
h. Picnic Tables Not shaded	❏ 0	❏ 1	❏ 1	❏ 2	❏
i. Benches	❏ 0	❏ 1	❏ 1	❏ 2	❏
j. Drinking Fountains	❏ 0	❏ 1	❏ 1	❏ 2	❏
k. Decorative Water Fountains	❏ 0	❏ 1	❏ 1	❏ 2	❏
l. Trash Containers	❏ 0	❏ 1	❏ 1	❏ 2	❏
m. Grills/Fire Pits	❏ 0	❏ 1	❏ 1	❏ 2	❏
n. Fence	❏ 0	❏ 1	❏ 1	❏ 2	❏
o. Trails *IF NO TRAILS, SKIP 1 AND 2 BELOW*	❏ 0	❏ 1	❏ 1	❏ 2	❏
1. Two-way Traffic on Trails?	❏ 0	❏ 1			
2. Surface Material on Trails? *CODE ONLY 1*			NOTES		
Asphalt/Concrete	❏ 1				
Wood Chips/Mulch	❏ 2				
Gravel	❏ 3				
Dirt	❏ 4				
More than 1 material	❏ 5				

D. INCIVILITIES				
D1. How much of … **is on the school property?**	**NONE**	**A LITTLE**	**SOME**	**A LOT**
a. Garbage/Litter	❏ 0	❏ 1	❏ 2	❏ 3
b. Broken Glass	❏ 0	❏ 1	❏ 2	❏ 3
c. Graffiti/Tagging	❏ 0	❏ 1	❏ 2	❏ 3
d. Evidence of Alcohol Use	❏ 0	❏ 1	❏ 2	❏ 3
e. Evidence of Substance Abuse	❏ 0	❏ 1	❏ 2	❏ 3
f. Sex Paraphernalia	❏ 0	❏ 1	❏ 2	❏ 3
g. Dog Refuse	❏ 0	❏ 1	❏ 2	❏ 3
h. Dogs Unattended	❏ 0	❏ 1	❏ 2	❏ 3
i. Vandalism	❏ 0	❏ 1	❏ 2	❏ 3

CHILDREN'S HEALTHY LIVING PROGRAM

BTG-COMP ▪ PA FACILITY OBSERVATION FORM ▪ Ammended for CHL	Children's Healthy Living Program

JURISDICTION:

COMMUNITY:

BUSINESS ID :

BUSINESS NAME:

GEOGRAPHIC COORDINATES:

ADDRESS:

COMPLETION CODE	
COMPLETED	❑01
PARTIALLY COMPLETED – *CODE DISPOSITION*	❑02
NOT STARTED – *CODE DISPOSITION*	❑ 03
NOT ELIGIBLE – *CODE DISPOSITION*	❑ 96

DISPOSITION CODE	
Temporarily not accessible /Outside business hours	❑ 1
Not safe	❑ 2
Asked to leave /Observation not allowed by staff	❑ 3
Address not found	❑ 5
Does not meet study criteria – *DESCRIBE IN NOTES*	❑ 7
Permanently closed / Does not exist	❑ 8
Other (*SPECIFY*):	❑ 6

DATE ___ - ___ -20 ____   STAFF 1 _____   STAFF2 _____

START TIME ___:___ ❑ AM   END TIME ___:___ ❑ AM
              ❑ PM   ❑ PM

NOTES

A. SETTING

B. FEES
MARK "X" IF FREE TO PUBLIC OR NO INFORMATION AVAILABLE AND SKIP B1-B2

A1. Type of Setting	
Community Recreation Center	❑ 01
Boys and Girls Club	❑ 02
Church Community Center	❑ 03
YMCA/YWCA	❑ 04
For-Profit PA Facility	❑ 05
Other, *SPECIFY*:	❑ 10

A2. Indoor, Outdoor or Both Settings?	
Indoor Sports Features only	❑ 1
Outdoor Sports Features only	❑ 2
Both Indoor and Outdoor Sports Features	❑ 3

A3. Does the facility have… ?	NO	YES
a. Childcare Services for patrons	❑ 0	❑ 1
b. Teen Center	❑ 0	❑ 1

	NO	YES
B1. Are there Daily Drop-in Rates?	❑ 0	❑ 1
B2. Are there Special Discounts for…?	NO	YES
a. Low Income (Sliding Scale Fees)	❑ 0	❑ 1
b. Youth and/or Students	❑ 0	❑ 1

F. PARKING AND SIDEWALK

F1. Does the facility have…?	NO	YES
a. Parking On-Site	❑ 0	❑ 1
1. Lighted Parking IF F1a=0, LEAVE BLANK	❑ 0	❑ 1
b. Sidewalk on street at address	❑ 0	❑ 1
1. Sidewalk Lighting IF F1b=0, LEAVE BLANK	❑ 0	❑ 1
c. Bicycle Parking	❑ 0	❑ 1

PLEASE DON'T FORGET TO CODE E1. EXTERIOR INCLINVITIES AT FACILITY ENTRANCE AREA ON LAST PAGE.

CHILDREN'S HEALTHY LIVING PROGRAM

C. INDOOR FEATURES
MARK "X" IF NO INDOOR SPORTS FEATURES AND SKIP SECTION C

FOR EACH FEATURE BELOW, COMPLETE ITEM C1 / IF C1 TOTAL >0, CODE C2		C1. How Many?		C2. Condition of Feature – How many in each?				
				1. POOR		2. OK/GOOD		COULD NOT RATE
		TALLY	TOTAL	TALLY	TOTAL	TALLY	TOTAL	
INDOOR FEATURESINDOORESNNNR FEATU	d. Field, Soccer		⎵⎵		⎵⎵		⎵⎵	
	e. Court, Basketball		⎵⎵		⎵⎵		⎵⎵	
	f. Court, Tennis		⎵⎵		⎵⎵		⎵⎵	
	g. Court, Volleyball		⎵⎵		⎵⎵		⎵⎵	
	h. Court, Racquetball/Squash		⎵⎵		⎵⎵		⎵⎵	
	i. Court, Multi-use or Gymnasium		⎵⎵		⎵⎵		⎵⎵	
	j. Multipurpose Rooms		⎵⎵		⎵⎵		⎵⎵	
	k. Exercise Machine Areas		⎵⎵		⎵⎵		⎵⎵	
	l. Gymnastics Facilities		⎵⎵		⎵⎵		⎵⎵	
	m. Running/Walking Track		⎵⎵		⎵⎵		⎵⎵	
	n. Pool (> 3ft deep)		⎵⎵		⎵⎵		⎵⎵	
	q. Skateboarding Facilities		⎵⎵		⎵⎵		⎵⎵	

C3. Does the facility have … indoors?		NO	YES	C4. What is the condition?		
				POOR	OK/GOOD	COULD NOT RATE
t. Rock Climbing Wall / IF C3t = 1, CODE C4t		☐ 0	☐ 1	☐ 1	☐ 2	☐
a. Drinking Fountains / IF C3a=1, CODE C4a		☐ 0	☐ 1	☐ 1	☐ 2	☐
b. Restrooms		☐ 0	☐ 1	**NOTES**		
c. Showers/Locker Rooms		☐ 0	☐ 1			
d. Beverage Vending Machines		☐ 0	☐ 1			
IF C3d=0, SKIP 1-5	1. Plain Bottled Water	☐ 0	☐ 1			
	2. 100% Juice	☐ 0	☐ 1			
	3. Regular Soda	☐ 0	☐ 1			
	4. Diet Soda	☐ 0	☐ 1			
	5. Other Sweetened Drink	☐ 0	☐ 1			

D. OUTDOOR FEATURES

☐ MARK "X" IF NO OUTDOOR *SPORTS FEATURES* AND SKIP SECTION D

D0. Is the PA Facility located inside a public park?	NO	YES	CORRESPONDING PARK UNIT ID
IF YES, CODE D0a BELOW	☐ 0	☐ 1	

a. SELECT THE CONFIGURATION THAT BEST DESCRIBES THE ARRANGEMENT OF THE OUTDOOR FEATURE(S)

Facility has 1 or more exclusive outdoor features - *CODE PA-ONLY FEATURES IN SECTION D. CODE PARK FEATURES ON PARK FORM*

All outdoor features are part of the park - *SKIP SECTION D AND CODE OUTDOOR FEATURES ON PARK FORM ONLY*

FOR EACH FEATURE BELOW, COMPLETE ITEM D1 *IF D1 TOTAL >0, CODE D2 AND D3*	D1. How Many?		D2. Condition of Feature – How many in each?					D3. Does the Feature have Lighting?	
			1. POOR		2. OK/GOOD		COULD		
	TALLY	TOTAL	TALLY	TOTAL	TALLY	TOTAL	NOT RATE	NO	YES
a. Field, Multi-use		⎵		⎵		⎵	⎵	☐ 0	☐ 1
b. Field, Football		⎵		⎵		⎵	⎵	☐ 0	☐ 1
c. Field, Baseball		⎵		⎵		⎵	⎵	☐ 0	☐ 1
d. Field, Soccer		⎵		⎵		⎵	⎵	☐ 0	☐ 1
e. Court, Basketball		⎵		⎵		⎵	⎵	☐ 0	☐ 1
f. Court, Tennis		⎵		⎵		⎵	⎵	☐ 0	☐ 1
g. Court, Volleyball		⎵		⎵		⎵	⎵	☐ 0	☐ 1
i. Court, Multi-use		⎵		⎵		⎵	⎵	☐ 0	☐ 1
m. Running /Walking Track		⎵		⎵		⎵	⎵	☐ 0	☐ 1
n. Pool (> 3ft deep)		⎵		⎵		⎵	⎵	☐ 0	☐ 1
o. Wading Pool / Spray Grounds		⎵		⎵		⎵	⎵	☐ 0	☐ 1
p. Playground Area		⎵		⎵		⎵	⎵	☐ 0	☐ 1
q. Skateboarding Facilities		⎵		⎵		⎵	⎵	☐ 0	☐ 1

IF D1=1, CODE D2 AND D3	D1. Is Feature Present?		D2. Condition of Feature			D3. Does the Feature have Lighting?	
	NO	YES	POOR	OK/GOOD	COULD NOT RATE	NO	YES
r. Exercise Stations with signage	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1
s. Exercise Stations without signage	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1
t. Rock Climbing Wall	☐ 0	☐ 1	☐ 1	☐ 2	☐	☐ 0	☐ 1

D4. Does the facility have … outdoors? *IF D4=0, SKIP D5*	D5. What is the condition?					NOTES
	NO	YES	POOR	OK/GOOD	COULD NOT RATE	
a. Drinking Fountains	☐ 0	☐ 1	☐ 1	☐ 2	☐	
b. Trash Containers	☐ 0	☐ 1	☐ 1	☐ 2	☐	
c. Benches	☐ 0	☐ 1	☐ 1	☐ 2	☐	

OUTDOOR FEATURES

CHILDREN'S HEALTHY LIVING PROGRAM

CONTINUATION OF D. OUTDOOR FEATURES

D6. Does the facility have … outdoors?		NO	YES	NOTES
a. Restrooms/Port-o-lets		❑ 0	❑ 1	
b. Showers/Locker Rooms		❑ 0	❑ 1	
c. Beverage Vending Machines		❑ 0	❑ 1	
IF D6c=0, SKIP 1-5	1.Plain Bottled Water	❑ 0	❑ 1	
	2. 100% Juice	❑ 0	❑ 1	
	3. Regular Soda	❑ 0	❑ 1	
	4. Diet Soda	❑ 0	❑ 1	
	5. Other Sweetened Drinks	❑ 0	❑ 1	

E. EXTERIOR INCIVILITIES

Rate the amount of …	E1. at the facility entrance area				E2. on the facility outdoor property *IF NO OUTDOOR SPORTS FEATURES, SKIP E2*			
	NONE	A LITTLE	SOME	A LOT	NONE	A LITTLE	SOME	A LOT
a. Garbage/Litter	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3
b. Broken Glass	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3
c. Graffiti/Tagging	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3
d. Evidence of Alcohol Use	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3
e. Evidence of Substance Abuse	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3
f. Sex Paraphernalia	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3
g. Dog Refuse	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3
h. Dogs Unattended	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3
i. Vandalism	❑ 0	❑ 1	❑ 2	❑ 3	❑ 0	❑ 1	❑ 2	❑ 3

NOTES

CHILDREN'S HEALTHY LIVING PROGRAM

| BTG-COMP ▪ FAST FOOD OBSERVATION FORM ▪ Ammended for CHL | Children's Healthy Living Program |

| JURISDICTION: |
| COMMUNITY: |
| BUSINESS ID : |
| BUSINESS NAME: |
| GEOGRAPHIC COORDINATES: |
| ADDRESS: |

COMPLETION CODE	
COMPLETED	❏ 01
PARTIALLY COMPLETED – *CODE DISPOSITION*	❏ 02
NOT STARTED – *CODE DISPOSITION*	❏ 03
NOT ELIGIBLE – *CODE DISPOSITION*	❏ 96

DISPOSITION CODE	
Temporarily not accessible/Outside of business hours	❏ 1
Not safe	❏ 2
Asked to leave/Observation not allowed by staff	❏ 3
Address not found	❏ 5
Does not meet study criteria – *DESCRIBE IN* **NOTES**	❏ 7
Permanently closed / Does not exist	❏ 8
Other (*SPECIFY*):	❏ 6

DATE ___ - ___ -20 ____   STAFF 1 _____   STAFF2 _____

START TIME ____: ____ ❏ AM   END TIME ___: ____ ❏ AM
                       ❏ PM   ❏ PM

NOTES

A. GENERAL AND RESTAURANT EXTERIOR

A1. Is the restaurant … ?	NO	YES
a. In a Food Court or a Mall *IF YES, CODE A3 AND SKIP TO SECTION D*	❏ 0	❏ 1
b. In a shared space with a Grocery or Department Store (*IF YES, COMPLETE A2*)	❏ 0	❏ 1
c. In a shared space with a Gas Station or Convenience Store (*IF YES, COMPLETE A2*)	❏ 0	❏ 1
d. In a shared space with another Restaurant *IF YES, COMPLETE A2*	❏ 0	❏ 1

A2. *RECORD SHARED BUSINESS NAME(S)*

A3. Restaurant Type *CODE ONE TYPE UNLESS MULTI-BRAND*	
Burger and Fries	❏ 1
Mexican/Latin American	❏ 2
Fried Chicken/Fried Fish	❏ 3
Sandwich or Sub Shop	❏ 4
Sandwich/Pastry (e.g., Panera, Cosi, Au Bon Pan)	❏ 5
Pizzeria/Italian	❏ 6
Plate Lunch/Lunch Truck	❏ 7
Chinese/Pan-Asian	❏ 8
Other, SPECIFY:	❏ 9

A4. Number of exterior walls visible from parking lot or street IF 4+, CODE 4	❏

A5. Does the restaurant have … ?	NO	YES
a. Outdoor Seating	❏ 0	❏ 1
b. Parking On-Site IF NO, SKIP TO A5c	❏ 0	❏ 1
1. Lighted Parking	❏ 0	❏ 1
c. Sidewalk on street at address IF NO, SKIP TO A5d	❏ 0	❏ 1
1. Sidewalk Lighting	❏ 0	❏ 1
d. Bicycle Parking	❏ 0	❏ 1
e. Bars on Windows	❏ 0	❏ 1

	NONE	A LITTLE	SOME	A LOT
A6. How much graffiti/tagging is on building and/or property?	❏ 0	❏ 1	❏ 2	❏ 3
A7. How much garbage/litter is at the facility entrance area?	❏ 0	❏ 1	❏ 2	❏ 3

B. EXTERIOR MARKETING					
COUNT THE NUMBER OF …	B1. on Building Exterior		B2. on Property		
	TALLY	TOTAL	TALLY	TOTAL	
a. All Advertisements		⎵⎵		⎵⎵	
1. Ads that include a Price Promotion		⎵⎵		⎵⎵	
2. Ads that include a Food		⎵⎵		⎵⎵	
3. Ads that include a Beverage		⎵⎵		⎵⎵	
a. Ads that include a Soda		⎵⎵		⎵⎵	

B3. Are there any ads with a … ?	NO	YES	B4. Does the restaurant have an … ?	NO	YES
a. Dollar menu promotion	❑ 0	❑ 1	a. Exterior play area	❑ 0	❑ 1
b. Health claim	❑ 0	❑ 1	b. Indoor play area visible from outside	❑ 0	❑ 1

1. IF YES, RECORD HEALTH CLAIM WORDING:

C. DRIVE-THRU

c. Cartoon character(s)	❑ 0	❑ 1
d. TV/movie star or sports/youth celebrity	❑ 0	❑ 1
e. Kids' meal toy	❑ 0	❑ 1
f. Other child-targeted marketing	❑ 0	❑ 1

C1. Does the restaurant have a drive-thru?

NO ❑ 0
YES ❑ 1

SPECIFY:

D. RESTAURANT INTERIOR

D0. Is the restaurant drive-in only? IF YES, SKIP TO D4	NO	YES	D2. Does the restaurant have … ?	NO	YES
	☐ 0	☐ 1	d. Cookies, cakes, pies, brownies, or candy for sale at the counter	☐ 0	☐ 1
D1. Is the food order … ?	**NO**	**YES**	e. Plexi glass or other divider at cash register	☐ 0	☐ 1
a. Placed at the counter	☐ 0	☐ 1	f. Self-service machine for fountain drinks	☐ 0	☐ 1
b. Picked up at the counter	☐ 0	☐ 1	g. Free water accessible to customers	☐ 0	☐ 1
c. Paid for at the counter	☐ 0	☐ 1	h. Self-service salad bar	☐ 0	☐ 1
D2. Does the restaurant have … ?	**NO**	**YES**	**D3. Number of Cash Registers** IF 5+, CODE 5	☐	
a. Indoor seating	☐ 0	☐ 1			
b. Interior play area for kids	☐ 0	☐ 1			
c. Indoor display for kids' meal toys	☐ 0	☐ 1	**D4. Does the restaurant have a restroom accessible to customers?**	**NO**	**YES**
j. Any ads or displays for kids' meal toys ≤3 ½ feet from ground	☐ 0	☐ 1		☐ 0	☐ 1

E. GENERAL MENU REVIEW

E1. Does the menu have … ?	NO	YES	E2. How many … are on the menu?	Count	
a. Dollar Menu *IF NO, SKIP TO E1b*	☐ 0	☐ 1	a. Non-fried vegetable sides (w/o added fat)		
1. Fruit, vegetable, salad, or yogurt on dollar menu	☐ 0	☐ 1	b. Fresh fruit sides		
2. Dessert on the dollar menu	☐ 0	☐ 1	c. Other fruit sides		
3. Fountain drink on the dollar menu	☐ 0	☐ 1	**E3. Is there signage at the point of purchase designating … options?**	**NO**	**YES**
4. French fries on the dollar menu	☐ 0	☐ 1			
5. Entrée on the dollar menu	☐ 0	☐ 1	a. Low-calorie	☐ 0	☐ 1
b. Combo Meal or Meal Deal with sides	☐ 0	☐ 1	b. Low-fat	☐ 0	☐ 1
c. Entrée Salad option *IF NO, SKIP TO E2*	☐ 0	☐ 1	c. Low-sodium	☐ 0	☐ 1
1. Low fat or fat-free salad dressing	☐ 0	☐ 1	f. Other healthy, *SPECIFY:*	☐ 0	☐ 1

E5. Does menu include mixed drinks or liquor?	NO	YES
	☐ 0	☐ 1

F. BEVERAGE ITEMS		
F1. Is item available? *IF NO, SKIP TO NEXT ROW*	**NO**	**YES**
a. Fountain Drink, smallest	❏ 0	❏ 1
b. Fountain Drink, largest	❏ 0	❏ 1
c. Packaged Soda	❏ 0	❏ 1
d. 100% Juice	❏ 0	❏ 1
e. Milk, skim or 1% fat (unflavored)	❏ 0	❏ 1
f. Milk, whole/Vit D or 2% fat (unflavored)	❏ 0	❏ 1
g. Bottled Water	❏ 0	❏ 1
j. Flavored Coffee Drinks (hot or iced)	❏ 0	❏ 1
k. Shakes or Malts	❏ 0	❏ 1
l. Flavored Milk (e.g., chocolate, strawberry)	❏ 0	❏ 1

ASK IF NOT LISTED ON MENU BOARD (applies to rows d–g)

G. FOOD ITEMS		
MARK "X" IF NONE FROM G1 AVAILABLE AND SKIP SECTION G ❏		
G1. Is item available? *IF NO, SKIP TO NEXT ROW*	**NO**	**YES**
a. French Fries, smallest	❏ 0	❏ 1
b. French Fries, largest	❏ 0	❏ 1
c. Cheeseburger	❏ 0	❏ 1
d. Chicken Sandwich, with roasted/grilled chicken	❏ 0	❏ 1
e. Entrée Salad, with roasted/grilled chicken	❏ 0	❏ 1
f. Fried Chicken, leg/drumstick & thigh	❏ 0	❏ 1
g. Cheese Pizza, thin crust	❏ 0	❏ 1
h. Taco, with ground beef	❏ 0	❏ 1
i. Sub Sandwich, with turkey and cheese	❏ 0	❏ 1

H. KIDS' MENU REVIEW					
H1. Is there a kids' menu/meal available? *IF NO, SKIP H2*	**NO** ❏ 0	**YES** ❏ 1	**H2. Does kids' menu/meal offer … ?**	**NO**	**YES**
			b. A fruit, vegetable, salad, or yogurt side on menu board *IF YES, SKIP H2b2*	❏ 0	❏ 1
H2. Does kids' menu/meal offer … ?	**NO**	**YES**	2. Any of these available when asked?	❏ 0	❏ 1
a. Unflavored skim/1% milk, 100% juice or bottled water on menu board *IF YES, SKIP H2a2*	❏ 0	❏ 1	c. Free toys/child-oriented giveaways	❏ 0	❏ 1
2. Any of these available when asked?	❏ 0	❏ 1	d. Toys for an additional charge	❏ 0	❏ 1

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