

## Healthy Targets for Kauai's Keiki

***In 2015 22.2% of measured keiki were overweight or obese***

***In 2013 19.2% of measured keiki were overweight or obese***



### Sleep

*In 2015 Kauai keiki averaged 9.51 hours of sleep per day*

*In 2013 Kauai keiki averaged 9.80 hours of sleep per day*

## Child Information



### Percent of Boys and Girls

*In 2015 -47% were boys*

*In 2013 -52% were girls*



### Ages

***In 2015***

***85% were between the ages of 2-5 years old***

***15% were between the ages of 6-8 years old***

***In 2013***

***78% were between the ages of 2-5 years old***

***22% were between the ages of 6-8 years old***



### Other Child Information

***In 2015 - 9% were Native Hawaiian or other Pacific Islander***

***In 2013 - 8% were Native Hawaiian or other Pacific Islander***