

Children's Healthy Living Program for Remote Underserved Minority Populations in the Pacific Region

Enhancing child wellness!

Healthy Targets for Kauai's Keiki

In 2015 22.2% of measured keiki were overweight or obese In 2013 19.2% of measured keiki were overweight or obese









Sleep

In 2015 Kauai keiki averaged 9.51 hours of sleep per day In 2013 Kauai keiki averaged 9.80 hours of sleep per day

Child Information



Percent of Boys and Girls

In 2015 -47% were boys In 2013 -52% were girls



Ages

In 2015

85% were between the ages of 2-5 years old **15%** were between the ages of 6-8 years old **In 2013**

78% were between the ages of 2-5 years old **22%** were between the ages of 6-8 years old



Other Child Information

In 2015 - 9% were Native Hawaiian or other Pacific Islander In 2013 - 8% were Native Hawaiian or other Pacific Islander



